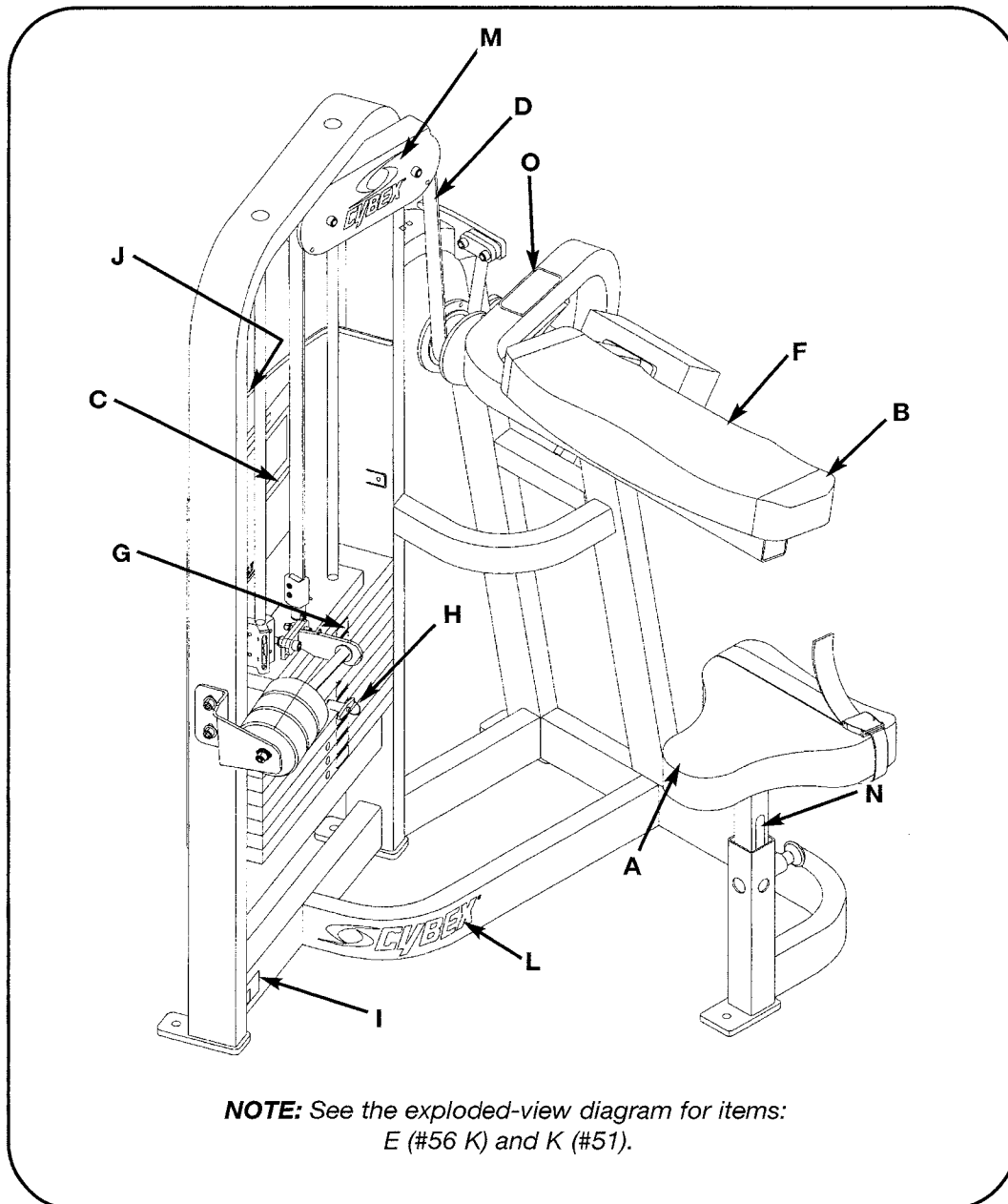


AB CRUNCH

PRODUCT NO. 4705

PARTS LIST

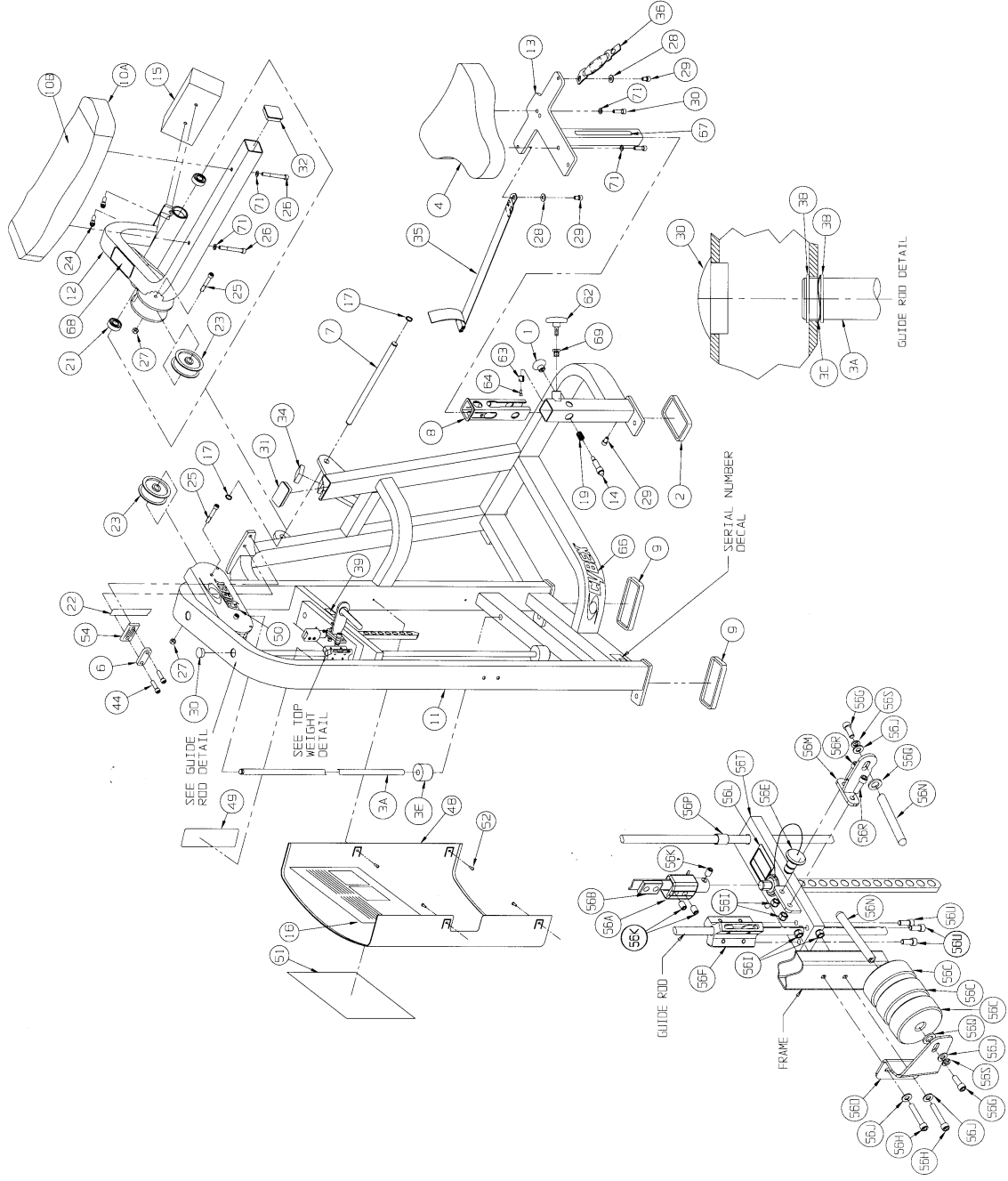


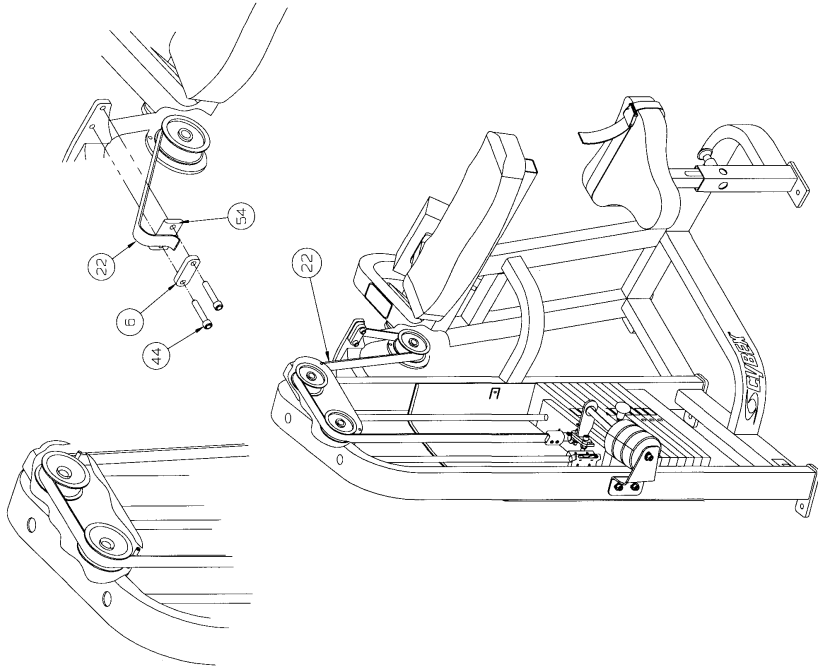
DESCRIPTION	PART NO.	DESCRIPTION	PART NO.
A. Seat Cushion.....	4800-026	J. Warning Decal	4605-381
B. Chest Cushion w/Wear Cover	4800-072	K. Cybex Decal Blk/Plm	3900-391
C. Placard Decal	4705-323	K. Cybex Decal Wht/Wht ..	3900-419
D. Belt 71" Long	GB000202	L. Cybex Decal Blk/Plm ...	3900-390
E. Caution Decal.....	4605-424	L. Cybex Decal Wht/Wht...	3900-415
F. Wear Cover (Item B)	4800-102	M. Cybex Decal Blk/Plm	3900-423
G. Weight Plate Decal	4605-388	M. Cybex Decal Wht/Wht...	3900-424
H. Weight Selector Pin.....	BH030207	N. Adjusting Decal	4705-327
I. Serial Number Decal		O. Caution Decal	4705-325

4705 - Ab Crunch

ITEM	QTY	PART NO.	DESCRIPTION	ITEM	QTY	PART NO.	DESCRIPTION
1	1	11040-440	Cybex Knob	47			Not Used
2	1	PR070001	Foot Pad 2.50 x 4.25	48	1	4505-431	Guard
3	1	4701-021	Weight Stack Guide Rod Set	49	1	4605-381	Warning Decal
3 A	2	4505-319	Weight Stack Guide Rod	50	1	3900-423	Cybex Decal 4.85 Vert. Blk/Plm
3 B	4	BR030214	Retaining Ring .625	50	1	3900-424	Cybex Decal 4.85 Vert. Wht/Wht
3 C	2	HS407100	Spring Washer .65 x .79 x .062 T	50			Removed 3/03
3 D	2	PN660200	Plastic Insert 1.00 Dia x 11 G	51			Removed 3/03
3 E	2	PR060005	Weight Bumper	51	1	3900-391	Cybex Decal 11.37 Vert. Blk/Plm
4	1	4800-026	Seat Cushion	51	1	3900-419	Cybex Decal 11.37 Vert. Wht/Wht
5			Removed	52	4	HT102214	Tap Screw #10-12 x .625 A (Phil)
6	1	4605-300	Belt Clamp	53			Removed 8/98
7	1	4605-334	Pivot Shaft 13.06	54	1	4605-394	Belt Clamp
8	1	4605-512	Plastic Insert 7.94	55			Removed 8/98
9	3	PR070003	Foot Pad 2.00 x 5.25	56	1	4701-030	Sliding Increment Weight Set
10 A	1	4800-072	Chest Cushion w/Wear Cover	56 A	1	11040-216	Belt Clamp
10 B	1	4800-102	Wear Cover	56 B	1	11040-301	Belt Clamp Insert
11	1	4705-200	Frame	56 C	3	4605-390	Increment Weight
12	1	4705-201	Arm	56 D			Removed 3/03
13	1	4705-204	Seat	56 E	1	BH030207	Weight Selector Pin
14	1	4505-329	Detent Pin	56 F	1	4701-001	Top Weight Guide
15	1	4705-319	Counterweight	56 G	2	HC702817	SHCS .375-16 x 1.00
16	1	4705-323	Placard Decal	56 H	2	HC702828	SHCS .375-16 x 2.25
17	2	BR030210	Retaining Ring 17 mm	56 I	4	HN704901	Nylon Locknut .375-16
18			Not Used	56 J	4	HS347600	Washer, SAE .375
19	1	BS070201	Com Spring .56 x .66 x 1.50 L	56 K	3	HY740000	Set Screw
20			Not Used	56 L	1	4605-424	Caution Decal
21	2	FB030232	Radial Brg 17 mm ID (Ext Race)	56 M	1	4700-240	Weight Mount
22	71'	GB000202	Belt .95" Wide	56 N	2	4700-318	Increment Weight Rod
23	3	GP000209	Pulley Assembly 3.50	56 O	1	4700-319	Frame Mount Increment Weight
24			Not Used	56 P	1	FB130208	Bearing Sleeve .68 x .81 1.00 L
25	3	HC702830	SHCS .375-16 x 2.50	56 Q	2	4700-321	Rubber Washer
26	2	HC702834	SHCS .375-16 x 3.00	56 R	2	JC702820	SHCS .375-16 x 1.25
27	5	HN704901	Nylon Locknut .375-16	56 S	2	HS348300	Split Lockwasher .375
28			Not Used	56 T	1	4700-239	Top Weight
29	3	JC702814	SHCS .375-16 x .625	56 U	3	HC702816	SHCS .375-16 x .875
30	2	JC702820	SHCS .375-16 x 1.25	57	2	HC702828	SHCS .375-16 x 2.25
31	1	PP090202	Plastic Insert 1.5 x 3.0 -11 GA	58	1	HY710408	Set Screw .375-16 x .25 Cup Pt.
32	1	PP090210	Plastic Insert 2.00 sq x 10-14 GA	59			Removed 8/98
33			Removed	60	1	4701-302	VR2 Weight Stack Instr. (not shown)
34	1	PU060203	Bumper	61	1	51198	Strength Warranty Sheet (not shown)
35	1	UB050202	Seat Belt (Buckle Half)	62	1	PP460011	Knob .375 -16
36	1	UB050204	Seat Belt (Connector Half)	63	1	AA033904	V-Pusher
37			Not Used	64	1	HM532812	SHCS .138.6-32 x .500
38			Not Used	65	1	4605-424	Caution Decal
39	1	4605-388	Weight Plate Decal 10-290	66			Removed 3/03
40			Not Used	66	1	3900-390	Cybex Decal 1.57 Horiz. Blk/Plm
41			Not Used	66	1	3900-415	Cybex Decal 1.57 Horiz. Wht/Wht
42			Not Used	67	1	4705-327	Adjusting Decal
43			Not Used	68	1	4705-325	Caution Decal
44	2	HC702822	SHCS .375-16 x 1.50	69	1	4705-332	Threaded Insert .375-16 x .562-12
45			Not Used	70	9	4000C101	Stack Weight 4 x 18 (not shown)
46			Not Used	71	4	JS347400	Internal Tooth Lockwasher

AB CRUNCH - 4705





BELT ROUTING DETAIL